

Mighty Owl Swim/Dive Team Important Information

Where does the Swim Team practice, and how do I get there?

The practice pool is at 1416 E. Collins Road in Richardson, Texas. It used to be an old YMCA, but it is now a church. Transportation will be provided for all that need it. Bus leaves Williams Stadium at 6:30 am for first period, and it leaves at 1:05 from Garland High School after third period. Swimmers can have parents take them or pick them up from practice. Swimmer must have a release form to ride with another student.

What time does the Swim Team Practice?

The Mighty Owl Swim/Dive Team has two practice times available for students that want to participate in Swimming/Diving for the 2007/2008 season. There is a first period swimming that begins at 6:45 am and ends at 8:30 am at the beginning of the year, but practice will bump down 15 minutes earlier every month until swimmers are starting swimming at 6:00 am in December. First period is reserved for our fastest swimmers. It is considered the varsity swim team practice time. The fourth period swimming begins around 1:30 pm and lasts until 3:15 pm early in the year, and it will be extended to later times as the season progresses. Fourth period is for our inexperienced swimmers it is technically considered the JV team, but we do have some varsity swimmers in fourth period due to schedule conflicts.

How do I know if I am a morning swimmer or afternoon swimmer?

The coach will decide which swim period you will be in. You must get approval from coach to be in swimming.

When does the swim season start and end?

The swim season starts in September and continues all the way through February. Swimming is a yearlong commitment. Swimmers must be willing to commit themselves for both semesters of the school year. Freshmen must be double blocked. What that means is they must have swim practice everyday. Special circumstances in scheduling will only be considered when a student becomes a sophomore. A schedule of meets will be given to each swimmer at the beginning of the school year.

Why do I have to have a physical?

Any swimmer that wants to sign up for swimming must get approval from the coach. Swimmers must have a physical before the 2007-2008 school year. Swimmer must have all paperwork in before the 2007-2008 season, or they will not be allowed to be on the swim team (District Policy). UIL rules state that all incoming freshmen that are planning to participate in athletics must get a physical. We encourage you to get a physical before school begins, but if you cannot, GHS will have doctors available on **Tuesday, August**